

Stir.

Ten Good Reasons to have a School Meal

Lunch time is an important part of a child's school day, giving pupils a break with friends and the chance to recharge their batteries. But why should you choose a school meal? Take a look at the ten great reasons we have come up with!

1. School meals are delicious, healthy and varied and if your child is in Reception, Year One or Two - they are free!
2. We have a passionate team of foodies working behind the scenes to make sure we create a menu that children love to eat.
3. It could save you hours making packed lunches for your child!
4. If entitled to a Free School Meal - no-one will know.
5. Children receiving Free School Meals have exactly the same choice as everyone else.
6. You can view their menu so you know exactly what they'll be eating.
7. The Stir catering team is fully trained to cater for children with allergies and other special diets.
8. Fussy eaters are much more likely to try new things if their friends are eating the same meals as they are.
9. School meals help encourage good eating habits from an early age and provide the opportunity to further develop social skills as they sit down with friends to enjoy their meals.
10. You'll be supporting your school too! Schools receive pupil premium government grants for every child who is claiming Free School Meals. That can be used to pay for more books,

It's easy to apply start here:
<https://www.gov.uk/apply-free-school-meals>

let's eat, together

www.stir.co.uk

