



Addison Primary School

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Heatwave Update

22nd June 2026

Dear Parents and Carers,

A rare red weather warning has been issued by the UK Health Security Agency, alongside amber alerts by the Met Office, as temperatures could hit a record-breaking 40C this week.

To help keep children comfortable and safe, the school will:

- Encourage pupils to drink water regularly throughout the day. Please ensure your child brings a clearly labelled water bottle to school daily
- Limit strenuous physical activity and adapt PE lessons and outdoor playtimes when temperatures are particularly high
- Make use of shaded areas and keep pupils indoors during the hottest parts of the day
- Ensure classrooms are ventilated and use blinds to reduce heat where possible
- Remind pupils to take breaks and monitor them for signs of heat-related illness

We ask parents and carers to support these measures by:

- Sending children to school with a refillable water bottle
- Applying sunscreen before school, as staff are unable to apply sunscreen to pupils
- Providing a sun hat or cap for outdoor activities
- Dressing children in their PE uniform, following the school's uniform guidelines
- Informing the school of any medical conditions that may make your child more susceptible to heat-related illnesses

Visit the Local Authority [hot weather advice webpage](#) to find out about cool spaces in H&F.

We will continue to monitor weather conditions and will communicate any additional arrangements should temperatures become exceptionally high.

Yours sincerely,

Mr. D Mc Garrigle

