



Addison Primary School

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Head Teacher: Mr D Mc Garrigle

Ramadan Kareem

11th February 2026

Dear Parent/Carer,

As the holy month of Ramadan approaches, I would like to take a moment to share important information regarding this significant period for our Muslim pupils and their families.

Ramadan, the 9th month in the Islamic lunar calendar, is a time marked by fasting, worship, service, and spiritual reflection. During this month, Muslims around the world engage in prayer, charitable giving, and deepened religious devotion. The final third of Ramadan holds particular significance, as it commemorates the revelation of the first verses of the Qur'an to the Prophet Muhammad (PBUH).

This year, Ramadan is anticipated to commence on **the evening of Tue, 17th February and end on Wed, 18th March 2026** (although the precise timing is contingent on the sighting of the moon).

We are committed to supporting our pupils in Year 5 & 6 who may wish to observe fasting during school hours. However, we request that you inform us if your child intends to fast. Should you agree to your child's participation in fasting, please complete the consent form provided in the following link: <https://forms.gle/UYPAc9M8fs2XtAYv5>

While we understand the spiritual significance of fasting, we advise caution as it may impact your child's educational performance. The school day will continue as per the usual schedule, and lingering effects of fasting during such long days, especially with Maghrib prayers occurring quite late, may pose challenges for your child.

Additionally, please be aware that any child who engages in fasting will still be required to participate in Physical Education lessons, as these are a compulsory element of the national curriculum. Therefore, we suggest that children refrain from fasting on days when they have PE lessons and swimming sessions to ensure their well-being. If a child should become unwell while fasting, we will contact you to recommend that they break their fast.

We wish our Muslim families a blessed and fulfilling Ramadan, and we extend our best wishes for strength during this spiritual journey.

Yours sincerely,

Mr D Mc Garrigle
Head Teacher

